

**About the Population:**

Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Treatment Programs. Youth discharged within 30 days of the report date are excluded from analysis. The Youth Health Indicator Monitoring program began 6/15/09. Three reports have been produced during the inception phase of the project (6/15-10/30/09). Reports are scheduled to be produced on a quarterly basis starting the December 30, 2009 report cycle. All data are extracted from the MHARS system for analysis. Report is produced by NYS OMH Performance Management and Evaluation analysts R. Wang, J. Foster and M. Radigan.

**Indicator Definitions:**

**BMI Percentile indicator:** is calculated using Growth Chart Percentile for youth aged 0-18 and BMI Ratio for youth aged 19-22:  $[\text{Weight (lbs)}/\text{height (inches)}^2] \times 703$ . Normal weight is calculated as number in 5<sup>th</sup>-84.9<sup>th</sup> percentile and BMI 18.5-24.9. Overweight is calculated as number in 85<sup>th</sup> percentile or greater for youth 0-18, and BMI 25 or greater for youth 19-22. Obesity is calculated as number in 95<sup>th</sup> percentile or greater for youth 0-18, and BMI 30 or greater for youth 19-22.

**Low activity indicator:** refers to less than 60 minutes of physical activity per day.

**Smoking indicator:** Had a puff of a cigarette or more in the past month - Yes

**Substance Use indicator:** Used alcohol or street drugs or any substance in the last month to make yourself feel better or get high - Yes

**CRAFFT Indicator :** Positive result is a score of 2 or more (PART B) or a positive response to item 1 (PART B) on this behavioral health screening tool.

**About the Measures:**

Smoking, Substance Use and CRAFFT measures are self-report measures designed to be collected on Youth over the age of 12 only. Note that all measures with the exception of CRAFFT are to be updated on a quarterly basis for each youth in care. CRAFFT is updated annually.

CRAFFT is an alcohol and substance use screening tool for use with adolescents. It was developed by the Center for Adolescent Substance Abuse Research at Children's Hospital Boston. It contains two parts with specific cut off points for screening purposes.

Smoking: Have you had a puff of a cigarette or more in the past month (Yes/No)?

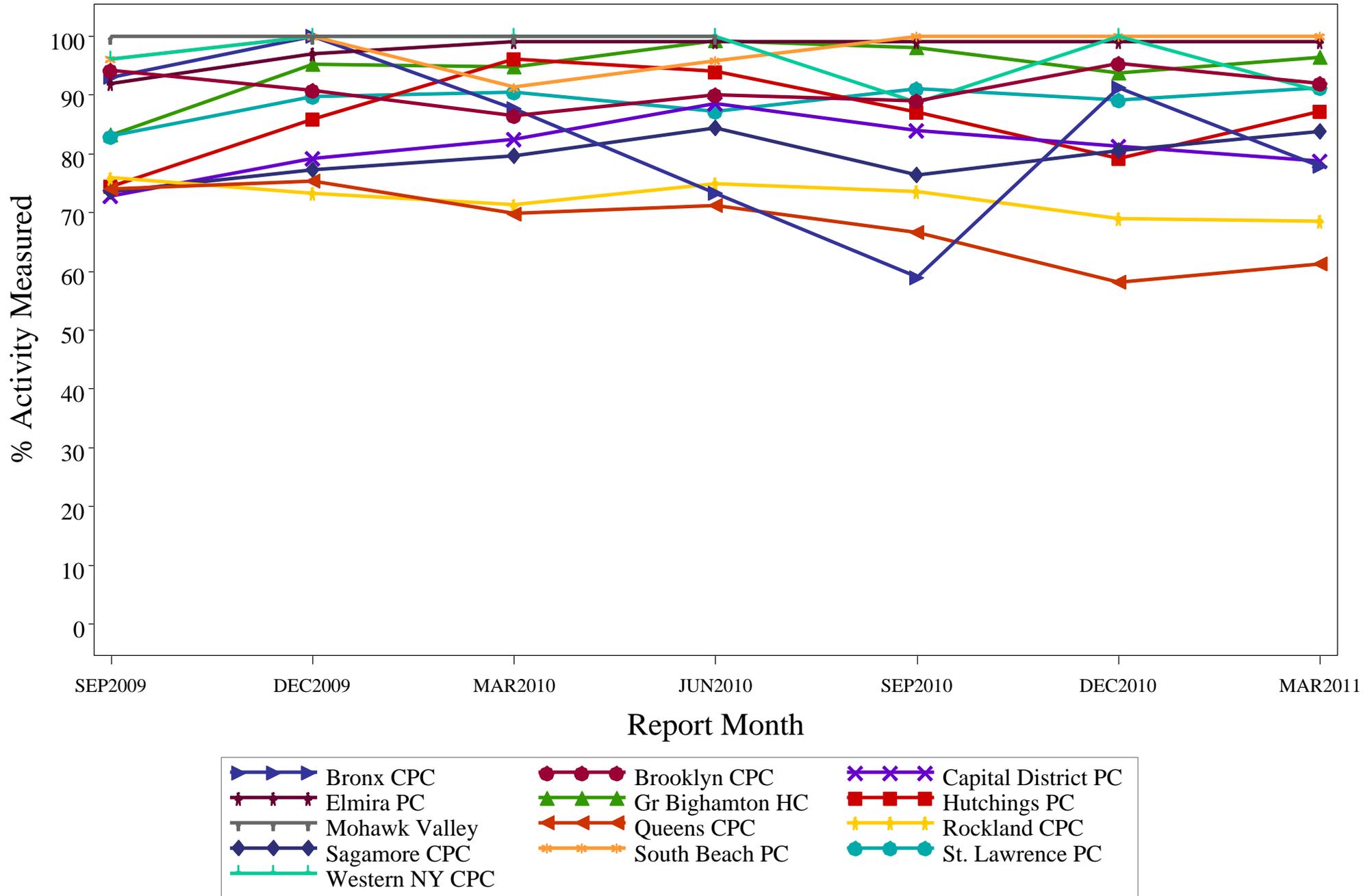
Substance Use: Have you used alcohol or street drugs or any substance in the last month to make yourself feel better or get high?

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## Youth Health Indicators

### Graph 1. Youth Outpatient Activity Measured by State Facility over Time



## Youth Health Indicators

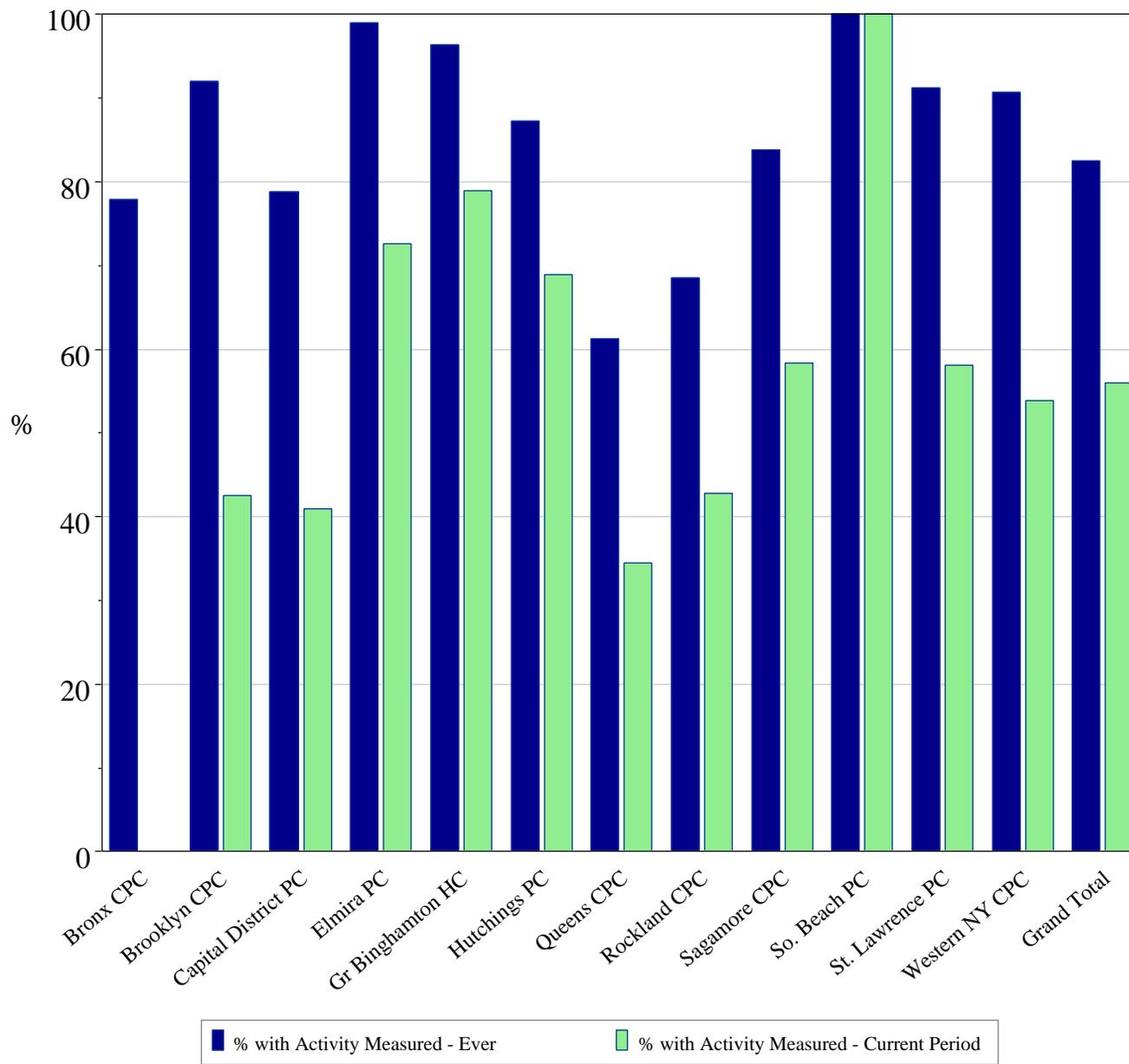
**Table 1. Youth Outpatient Activity by Facility, Measured over Time (by quarters)**

Facility	% Activity Measured						
	SEP2009	DEC2009	MAR2010	JUN2010	SEP2010	DEC2010	MAR2011
Bronx CPC	93.1	100.0	87.7	73.2	59.0	91.2	77.9
Brooklyn CPC	94.2	90.8	86.5	90.0	89.0	95.4	92.0
Capital District PC	72.8	79.3	82.5	88.5	83.9	81.3	78.8
Elmira Psychiatric Center	91.9	97.0	99.0	99.1	99.1	99.0	99.1
Greater Binghamton Health Center	83.2	95.2	94.9	99.2	98.0	93.8	96.4
Hutchings Psychiatric Center	74.4	85.9	96.2	94.0	87.1	79.2	87.2
Mohawk Valley Psych Ctr	100.0	100.0	100.0	100.0	.	.	.
Queens CPC	74.0	75.4	69.8	71.2	66.7	58.1	61.2
Rockland CPC	75.9	73.3	71.3	74.9	73.6	69.0	68.5
Sagamore Children's Psych Ctr	73.6	77.3	79.6	84.4	76.4	80.6	83.8
South Beach PC	96.2	100.0	91.3	95.8	100.0	100.0	100.0
St. Lawrence Psychiatric Center	83.0	89.8	90.6	87.2	91.1	89.1	91.2
Western NY CPC	96.2	100.0	100.0	100.0	88.6	100.0	90.7
-- Grand Total --	80.0	84.4	84.1	86.0	83.1	81.7	82.5

Data Source: MHARS as of September 29, 2009; December 31, 2009; March 31, 2010; June 30, 2010; September 30, 2010; December 31, 2010 and March 31, 2011.

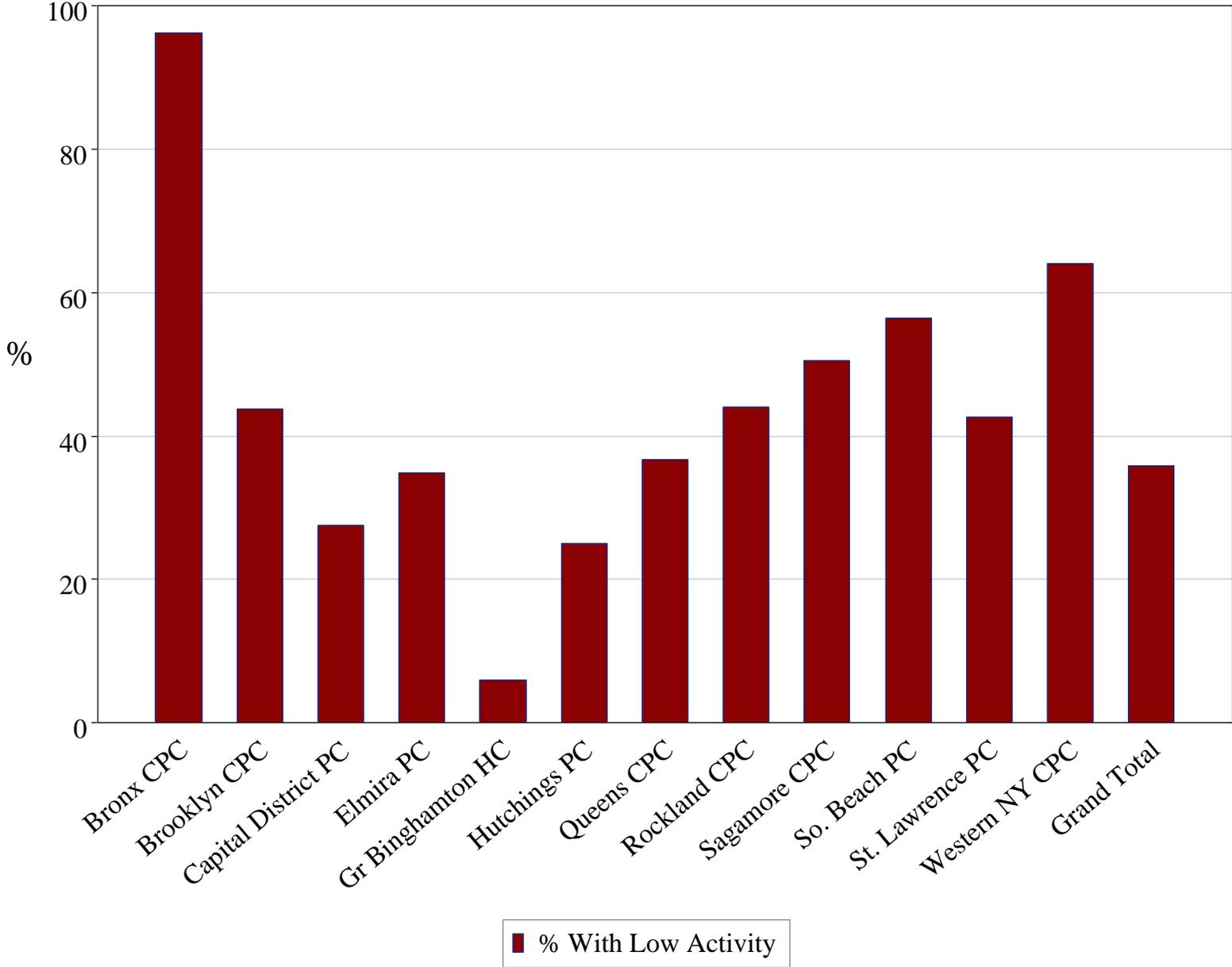
## Youth Health Indicators

Graph 2. Youth Outpatients with Activity Measurement Ever vs Current Period



Note: Current Period is Jan 1 - Mar 31, 2011.

Graph 3. Percent of Youth Outpatients with Low Activity Levels



Data Source: MHARS as of Mar 31st, 2011.  
Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 2. Youth Activity Measurement by Facility**

Facility	# Youth	# Activity Measured	% Activity Measured	% Activity Measured Current Period	# Low Activity	% Low Activity
Bronx CPC	68	53	77.9	0.0	51	96.2
Brooklyn CPC	87	80	92.0	42.5	35	43.8
Capital District PC	189	149	78.8	40.9	41	27.5
Elmira Psychiatric Center	107	106	99.1	72.6	37	34.9
Greater Binghamton Health Center	280	270	96.4	78.9	16	5.9
Hutchings Psychiatric Center	243	212	87.2	68.9	53	25.0
Queens CPC	227	139	61.2	34.5	51	36.7
Rockland CPC	365	250	68.5	42.8	110	44.0
Sagamore Children's Psych Ctr	198	166	83.8	58.4	84	50.6
South Beach PC	23	23	100.0	100.0	13	56.5
St. Lawrence Psychiatric Center	262	239	91.2	58.2	102	42.7
Western NY CPC	43	39	90.7	53.9	25	64.1
-- Grand Total --	2,092	1,726	82.5	56.0	618	35.8

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and DayTreatment Pgms.

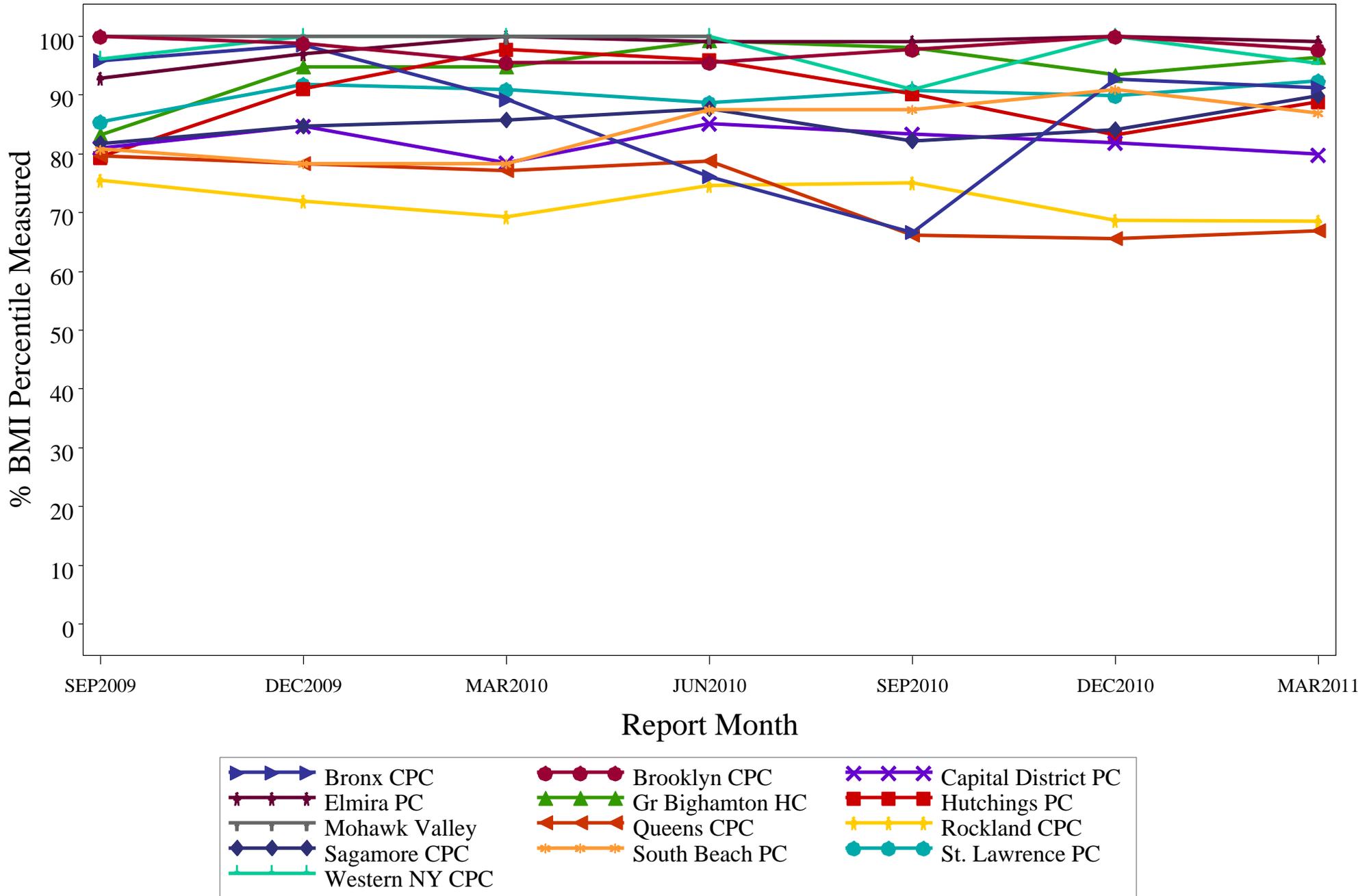
Low Activity indicator refers to less than 60 minutes of physical activity per day.

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

Youth Health Indicators

Graph 4. Youth Outpatient BMI Percentile Measured by State Facility over Time



## Youth Health Indicators

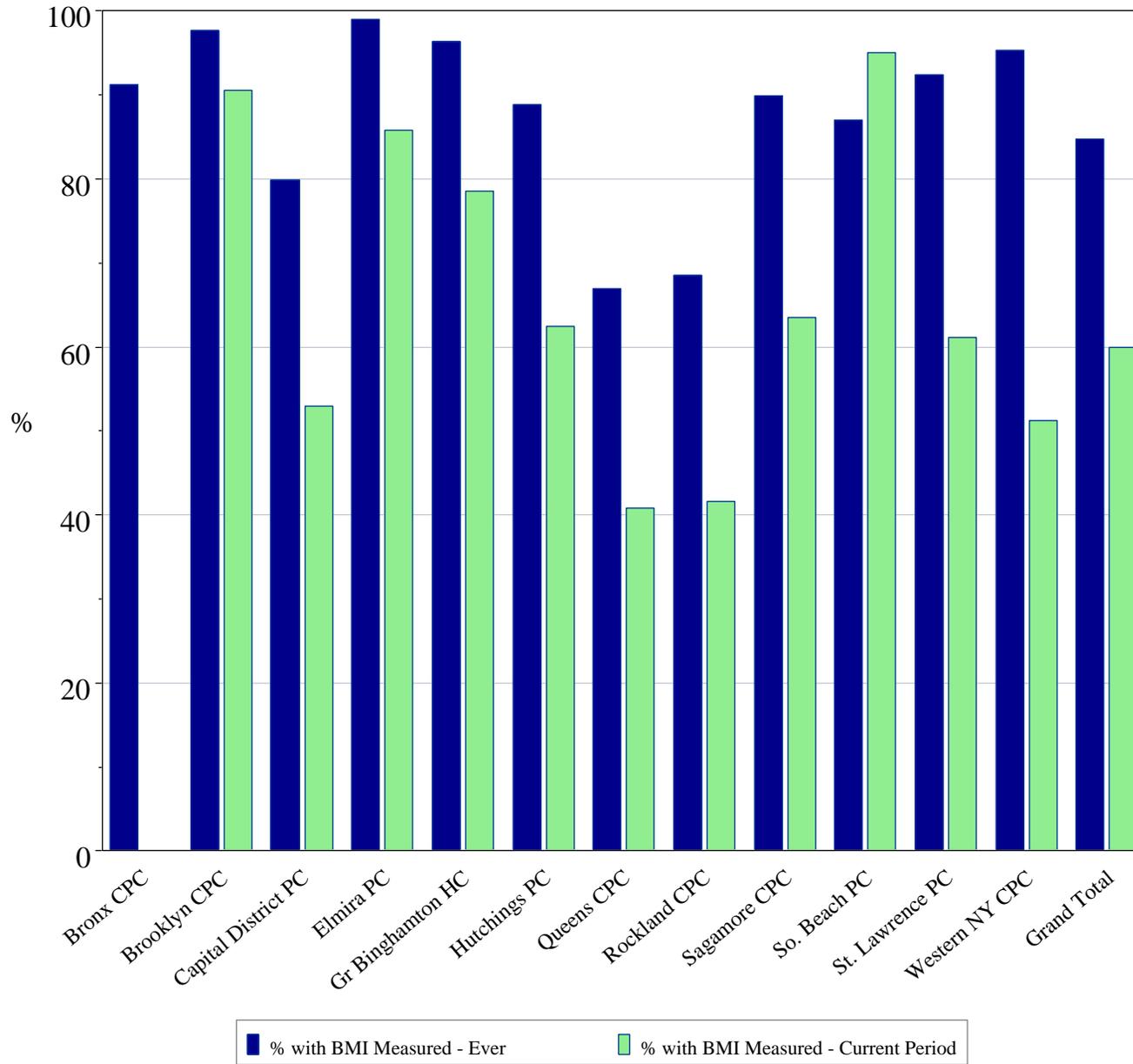
**Table 3. Youth Outpatient BMI Percentile Measured over Time by Facility**

Facility	% BMI Percentile Measured						
	SEP2009	DEC2009	MAR2010	JUN2010	SEP2010	DEC2010	MAR2011
Bronx CPC	95.8	98.5	89.2	76.1	66.7	92.7	91.2
Brooklyn CPC	100.0	98.9	95.5	95.6	97.8	100.0	97.7
Capital District PC	81.0	84.8	78.5	85.2	83.4	81.8	79.9
Elmira Psychiatric Center	92.9	97.0	100.0	99.1	99.1	100.0	99.1
Greater Binghamton Health Center	83.2	94.8	94.9	99.2	98.0	93.4	96.4
Hutchings Psychiatric Center	79.4	91.1	97.8	96.0	90.2	83.2	88.9
Mohawk Valley Psych Ctr	100.0	100.0	100.0	100.0	.	.	.
Queens CPC	79.6	78.4	77.1	78.8	66.2	65.5	67.0
Rockland CPC	75.6	71.9	69.2	74.6	75.0	68.8	68.5
Sagamore Children's Psych Ctr	81.7	84.7	85.8	87.7	82.2	84.2	89.9
South Beach PC	80.8	78.3	78.3	87.5	87.5	90.9	87.0
St. Lawrence Psychiatric Center	85.4	91.8	90.9	88.8	90.7	89.9	92.4
Western NY CPC	96.2	100.0	100.0	100.0	90.9	100.0	95.4
-- Grand Total --	83.2	86.4	85.3	87.4	84.6	83.4	84.8

Data Source: MHARS as of September 29, 2009; December 31, 2009; March 31, 2010; June 30, 2010; September 30, 2010; December 31, 2010 and March 31, 2011.

## Youth Health Indicators

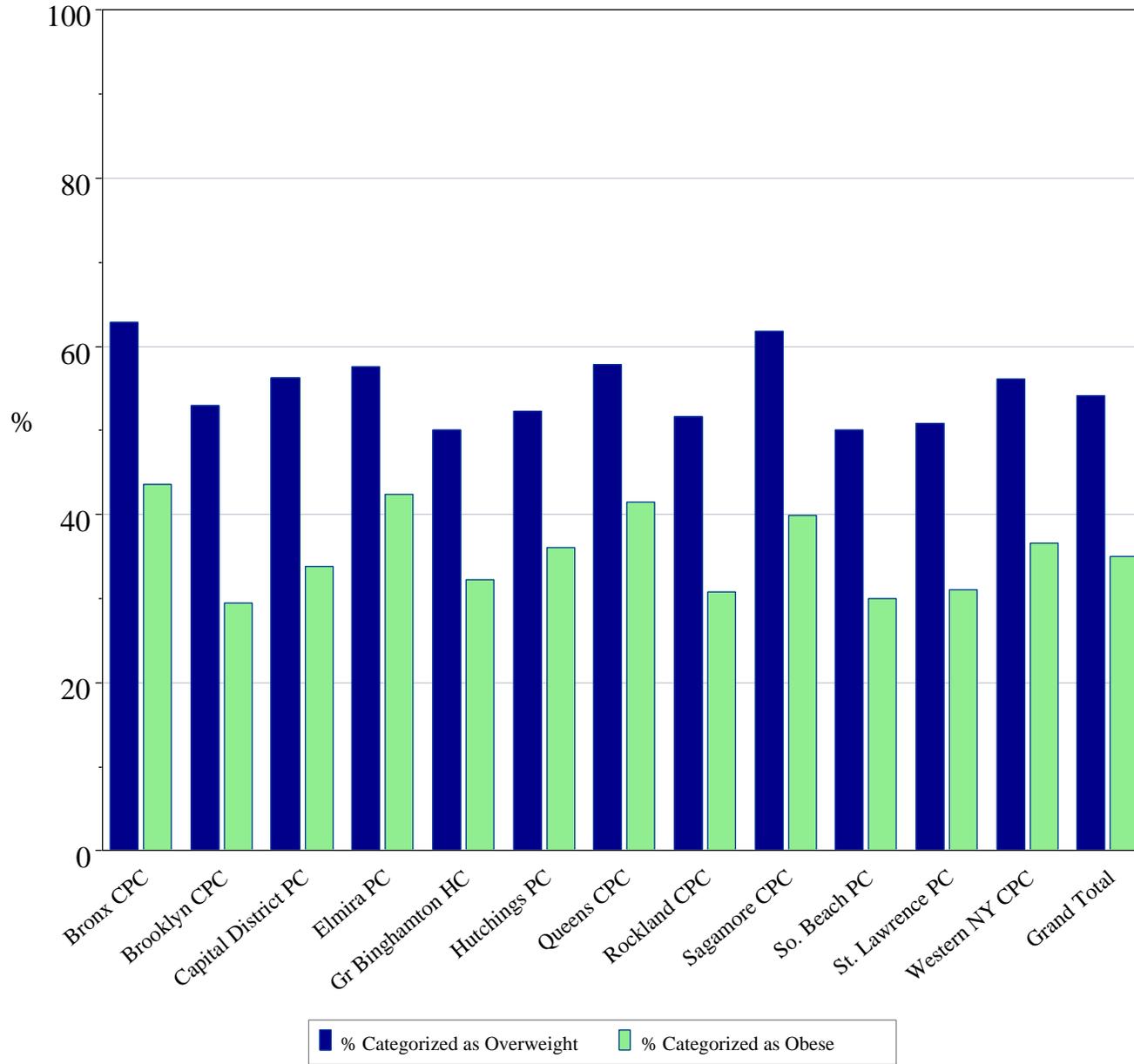
**Graph 5. Youth Outpatient BMI Percentile Measure Reported Ever vs Current Period**



**Note: Current Period is Jan 1 - Mar 31, 2011.**

## Youth Health Indicators

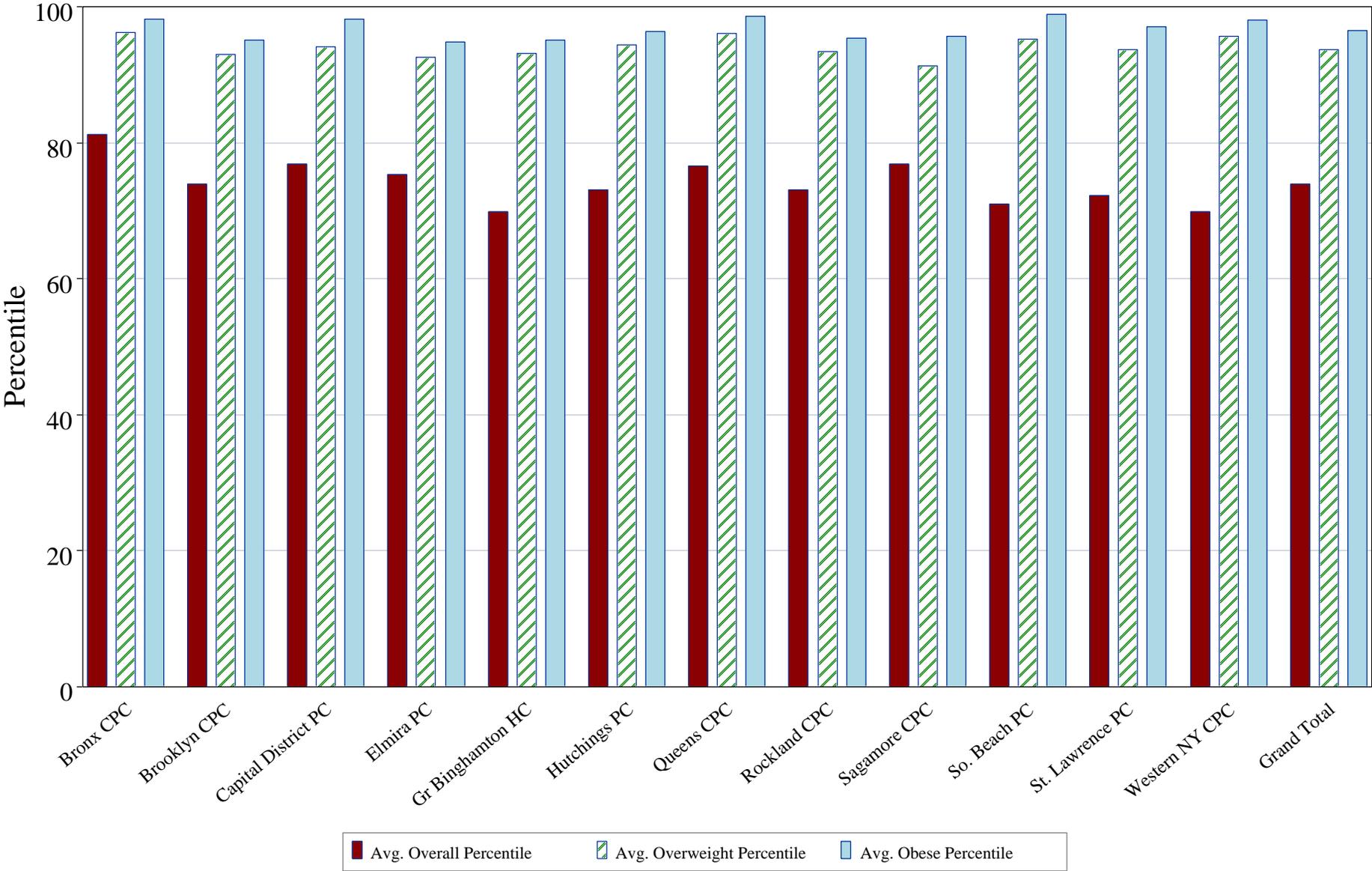
**Graph 6. Percent of Youth Outpatient with BMI Percentiles in Overweight and Obese Categories**



**Note: Current Period is Jan 1 - Mar 31, 2011.**

**Youth Health Indicators**

**Graph 7. Distribution of BMI Percentile in Youth Outpatient Population**



Data Source: MHARS as of Mar 31st 2011  
 Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 4. BMI Percentiles by Facility**

Facility	# Youth	# BMI Percentile Measured	% BMI Percentile Measured	% BMI Measured Current Period	% Normal Weight	% Over-weight	% Obese	Avg Overall Pctile	Avg Normal Pctile	Avg Overwght Pctile	Avg Obese Pctile
Bronx CPC	68	62	91.2	0.0	37.1	62.9	43.6	81.3	56.0	96.3	98.3
Brooklyn CPC	87	85	97.7	90.6	45.9	52.9	29.4	74.0	55.0	93.0	95.1
Capital District PC	189	151	79.9	53.0	42.4	56.3	33.8	76.9	56.3	94.2	98.2
Elmira Psychiatric Center	107	106	99.1	85.9	41.5	57.6	42.5	75.4	54.0	92.6	94.9
Greater Binghamton Health Center	280	270	96.4	78.5	45.6	50.0	32.2	69.9	51.4	93.2	95.1
Hutchings Psychiatric Center	243	216	88.9	62.5	45.8	52.3	36.1	73.1	51.6	94.5	96.4
Queens CPC	227	152	67.0	40.8	38.8	57.9	41.5	76.6	53.7	96.2	98.6
Rockland CPC	365	250	68.5	41.6	45.6	51.6	30.8	73.1	54.9	93.4	95.5
Sagamore Children's Psych Ctr	198	178	89.9	63.5	37.6	61.8	39.9	76.9	54.8	91.3	95.7
South Beach PC	23	20	87.0	95.0	50.0	50.0	30.0	71.0	46.6	95.3	99.0
St. Lawrence Psychiatric Center	262	242	92.4	61.2	46.3	50.8	31.0	72.2	52.7	93.7	97.1
Western NY CPC	43	41	95.4	51.2	39.0	56.1	36.6	69.9	41.1	95.7	98.1
-- Grand Total --	2,092	1,773	84.8	59.9	43.4	54.2	35.0	73.9	53.2	93.8	96.5

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Treatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

For these reports, the Overweight Category includes those youth categorized as Obese.

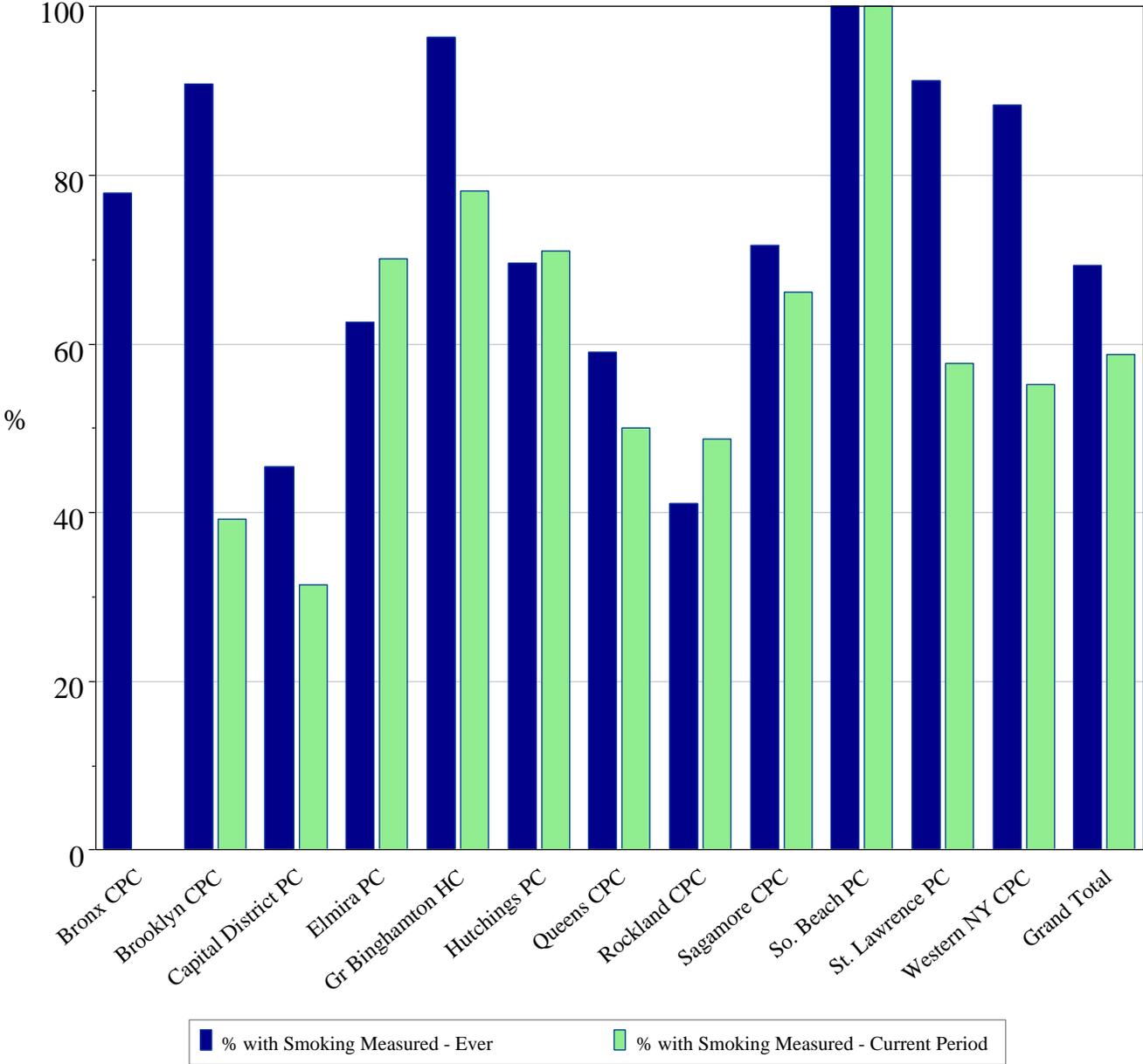
For indicator definitions, see "About Reports".

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

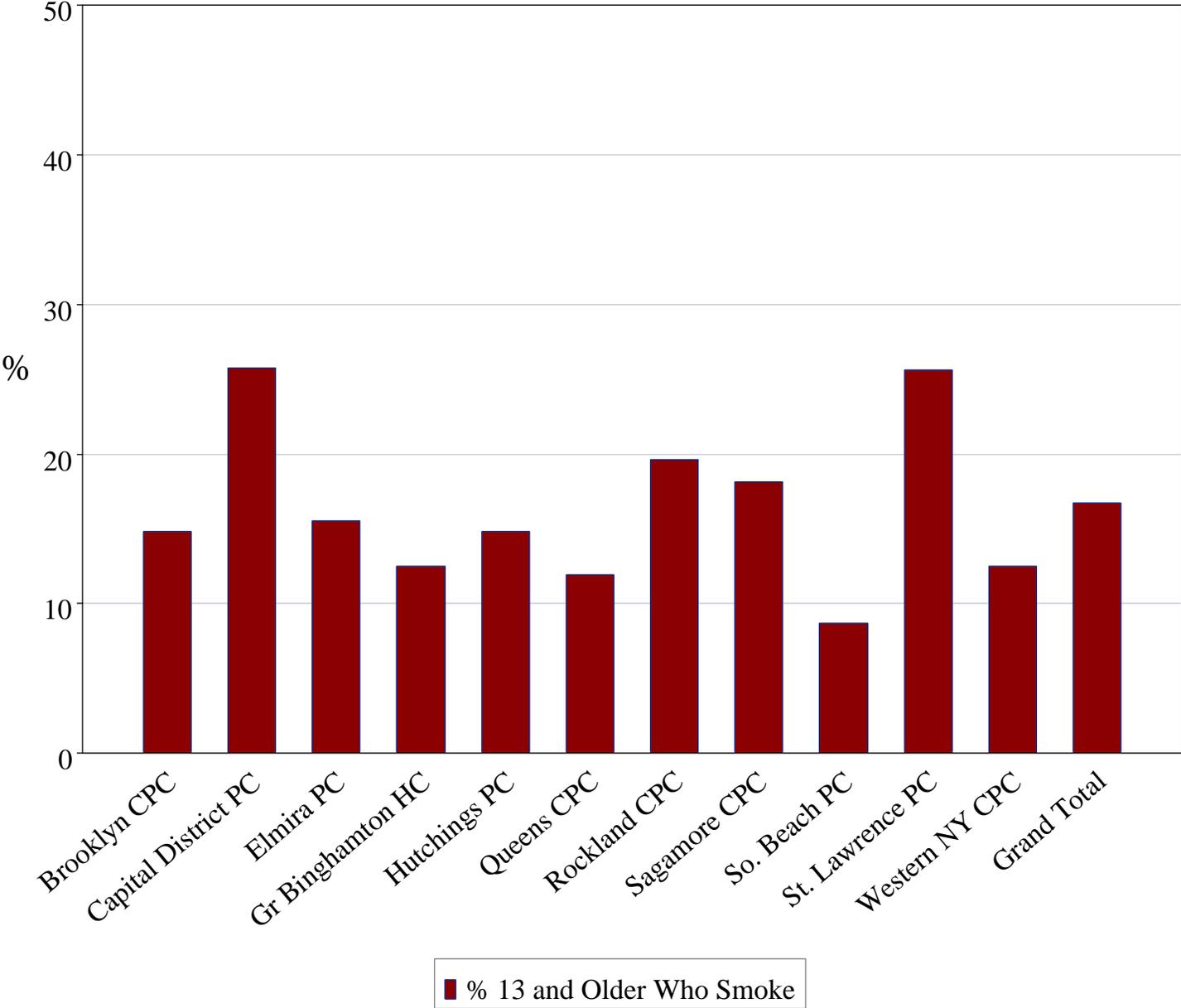
Youth Health Indicators

Graph 8. Youth Outpatients (All Ages) with Smoking Measured Ever vs Current Period



Note: Current Period is Jan 1 - Mar 31, 2011.

Graph 9. Percent of Youth Outpatients Aged 13 and Older who Smoke



Data Source: MHARS as of Mar 31st 2011  
Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 5. Youth Smoking Measure (All Ages) by Facility**

Facility	# Youth	# Smoking Measured	% Smoking Measured	% Smoking Measured Current Period	# Positive Smoking	% Positive Smoking
Bronx CPC	68	53	77.9	0.0	0.0	0.0
Brooklyn CPC	87	79	90.8	39.2	8.0	10.1
Capital District PC	189	86	45.5	31.4	17.0	19.8
Elmira Psychiatric Center	107	67	62.6	70.2	9.0	13.4
Greater Binghamton Health Center	280	270	96.4	78.2	19.0	7.0
Hutchings Psychiatric Center	243	169	69.6	71.0	15.0	8.9
Queens CPC	227	134	59.0	50.0	8.0	6.0
Rockland CPC	365	150	41.1	48.7	19.0	12.7
Sagamore Children's Psych Ctr	198	142	71.7	66.2	23.0	16.2
South Beach PC	23	23	100.0	100.0	2.0	8.7
St. Lawrence Psychiatric Center	262	239	91.2	57.7	32.0	13.4
Western NY CPC	43	38	88.4	55.3	3.0	7.9
-- Grand Total --	2,092	1,450	69.3	58.8	155.0	10.7

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Tmt Prgrms.

Youth discharged within 30 days of the report date are excluded from analysis.

Smoking indicator is self report of Yes to smoking in the last month.

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 6. Youth Smoking Measure by Age Group by Facility**

Facility	- 13 and Over -				- 12 and Under -			
	# Youth 13 & Over	# Smoking Measured	% Smoking Measured	% Positive Smoking	# Youth 12 & Under	# Smoking Measured	% Smoking Measured	% Positive Smoking
Bronx CPC	40	30	75.0	0.0	28	23	82.1	0.0
Brooklyn CPC	59	54	91.5	14.8	28	25	89.3	0.0
Capital District PC	95	66	69.5	25.8	94	20	21.3	0.0
Elmira Psychiatric Center	59	58	98.3	15.5	48	9	18.8	0.0
Greater Binghamton Health Center	154	152	98.7	12.5	126	118	93.7	0.0
Hutchings Psychiatric Center	115	101	87.8	14.9	128	68	53.1	0.0
Queens CPC	105	67	63.8	11.9	122	67	54.9	0.0
Rockland CPC	158	97	61.4	19.6	207	53	25.6	0.0
Sagamore Children's Psych Ctr	147	127	86.4	18.1	51	15	29.4	0.0
South Beach PC	23	23	100.0	8.7	.	.	.	.
St. Lawrence Psychiatric Center	128	117	91.4	25.6	134	122	91.0	1.6
Western NY CPC	26	24	92.3	12.5	17	14	82.4	0.0
-- Grand Total --	1,109	916	82.6	16.7	983	534	54.3	0.4

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and DayTreatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

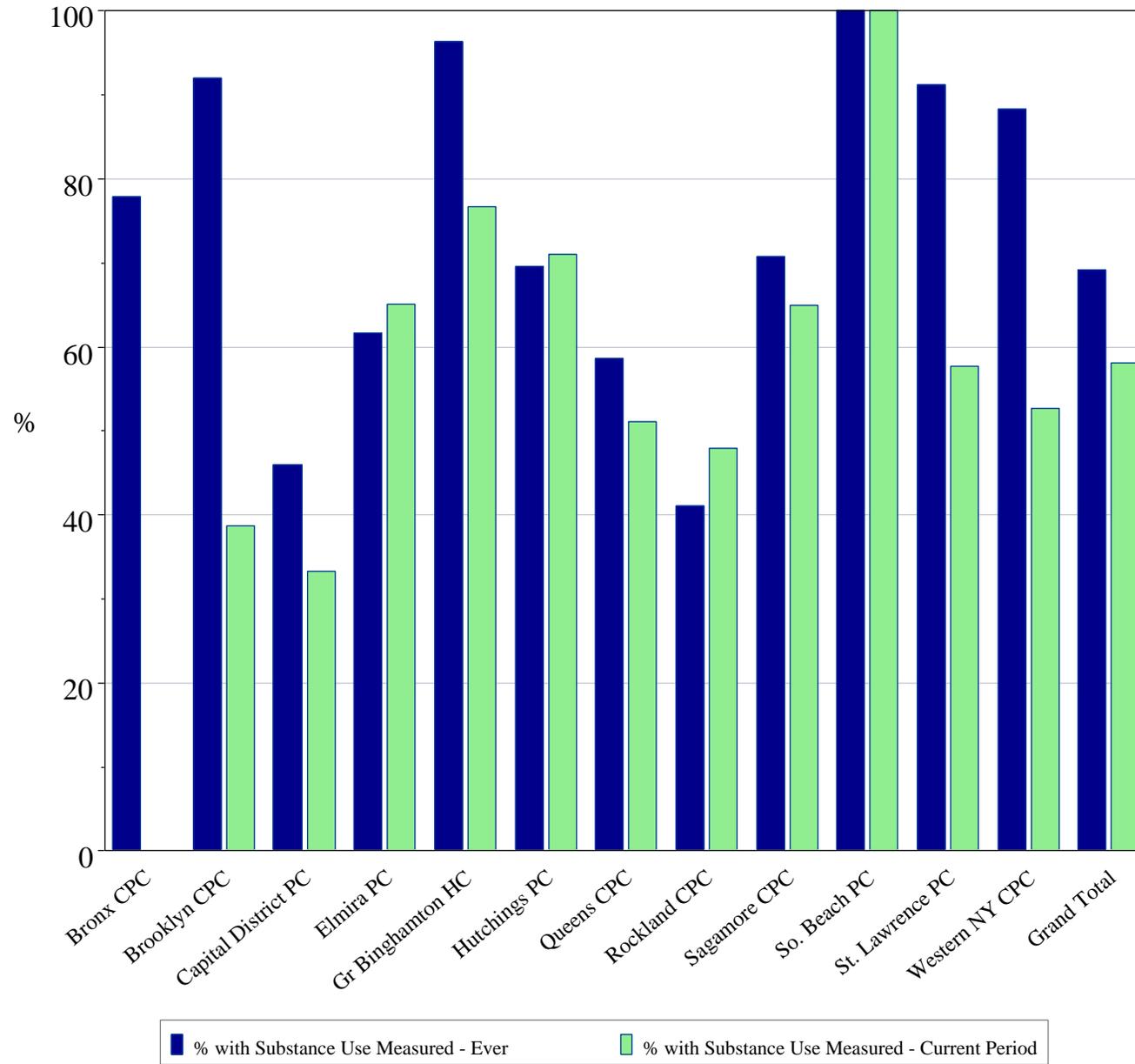
Smoking indicator is self report of Yes to smoking in the last month.

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

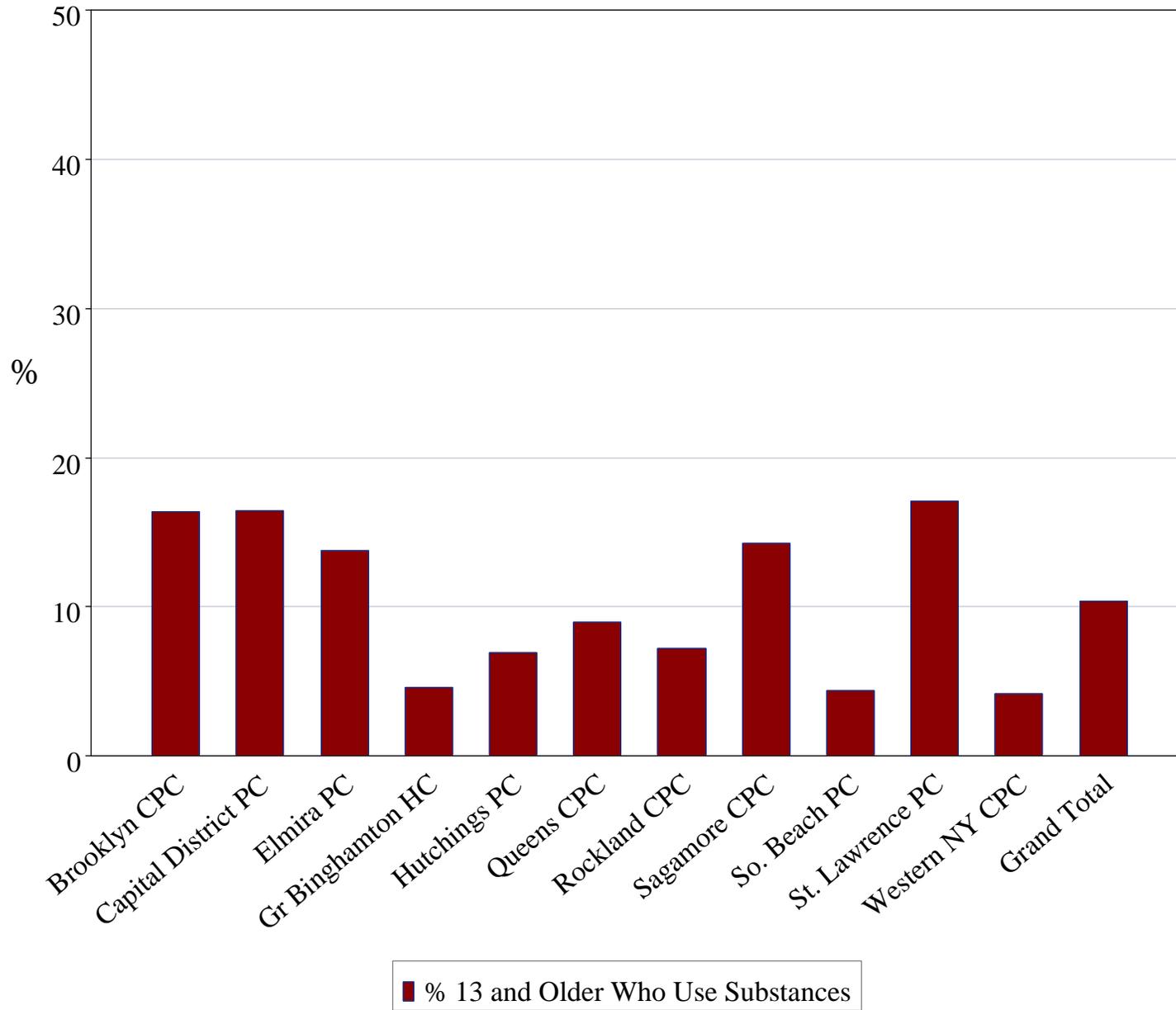
## Youth Health Indicators

**Graph 10. Youth Outpatients (All Ages) with Substance Use Measured Ever vs Current Period**



**Note: Current Period is Jan 1 - Mar 31, 2011.**

Graph 11. Percent of Youth Outpatients Aged 13 and Older who Use Substances



Data Source: MHARS as of Mar 31st, 2011.  
Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 7. Youth Substance Use (All Ages) by Facility**

Facility	# Youth	# Substance Use Measured	% Substance Use Measured	% Subst Use Measured Current Period	# Positive Substance Use	% Positive Substance Use
Bronx CPC	68	53	77.9	0.0	0.0	0.0
Brooklyn CPC	87	80	92.0	38.8	11.0	13.8
Capital District PC	189	87	46.0	33.3	11.0	12.6
Elmira Psychiatric Center	107	66	61.7	65.2	8.0	12.1
Greater Binghamton Health Center	280	270	96.4	76.7	7.0	2.6
Hutchings Psychiatric Center	243	169	69.6	71.0	8.0	4.7
Queens CPC	227	133	58.6	51.1	6.0	4.5
Rockland CPC	365	150	41.1	48.0	7.0	4.7
Sagamore Children's Psych Ctr	198	140	70.7	65.0	18.0	12.9
South Beach PC	23	23	100.0	100.0	1.0	4.4
St. Lawrence Psychiatric Center	262	239	91.2	57.7	20.0	8.4
Western NY CPC	43	38	88.4	52.6	1.0	2.6
-- Grand Total --	2,092	1,448	69.2	58.2	98.0	6.8

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Tmt Prgms.

Youth discharged within 30 days of the report date are excluded from analysis.

Substance Use indicator is self report of Yes to using substances in the last month.

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 8. Youth Substance Use by Age Group by Facility**

Facility	- 13 and Over -				- 12 and Under -			
	# Youth 13 & Over	# Sub Use Measured	% Sub Use Measured	% Positive Sub Use	# Youth 12 & Under	# Sub Use Measured	% Sub Use Measured	% Positive Sub Use
Bronx CPC	40	30	75.0	0.0	28	23	82.1	0.0
Brooklyn CPC	59	55	93.2	16.4	28	25	89.3	8.0
Capital District PC	95	67	70.5	16.4	94	20	21.3	0.0
Elmira Psychiatric Center	59	58	98.3	13.8	48	8	16.7	0.0
Greater Binghamton Health Center	154	152	98.7	4.6	126	118	93.7	0.0
Hutchings Psychiatric Center	115	101	87.8	6.9	128	68	53.1	1.5
Queens CPC	105	67	63.8	9.0	122	66	54.1	0.0
Rockland CPC	158	97	61.4	7.2	207	53	25.6	0.0
Sagamore Children's Psych Ctr	147	126	85.7	14.3	51	14	27.5	0.0
South Beach PC	23	23	100.0	4.4	.	.	.	.
St. Lawrence Psychiatric Center	128	117	91.4	17.1	134	122	91.0	0.0
Western NY CPC	26	24	92.3	4.2	17	14	82.4	0.0
-- Grand Total --	1,109	917	82.7	10.4	983	531	54.0	0.6

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Treatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

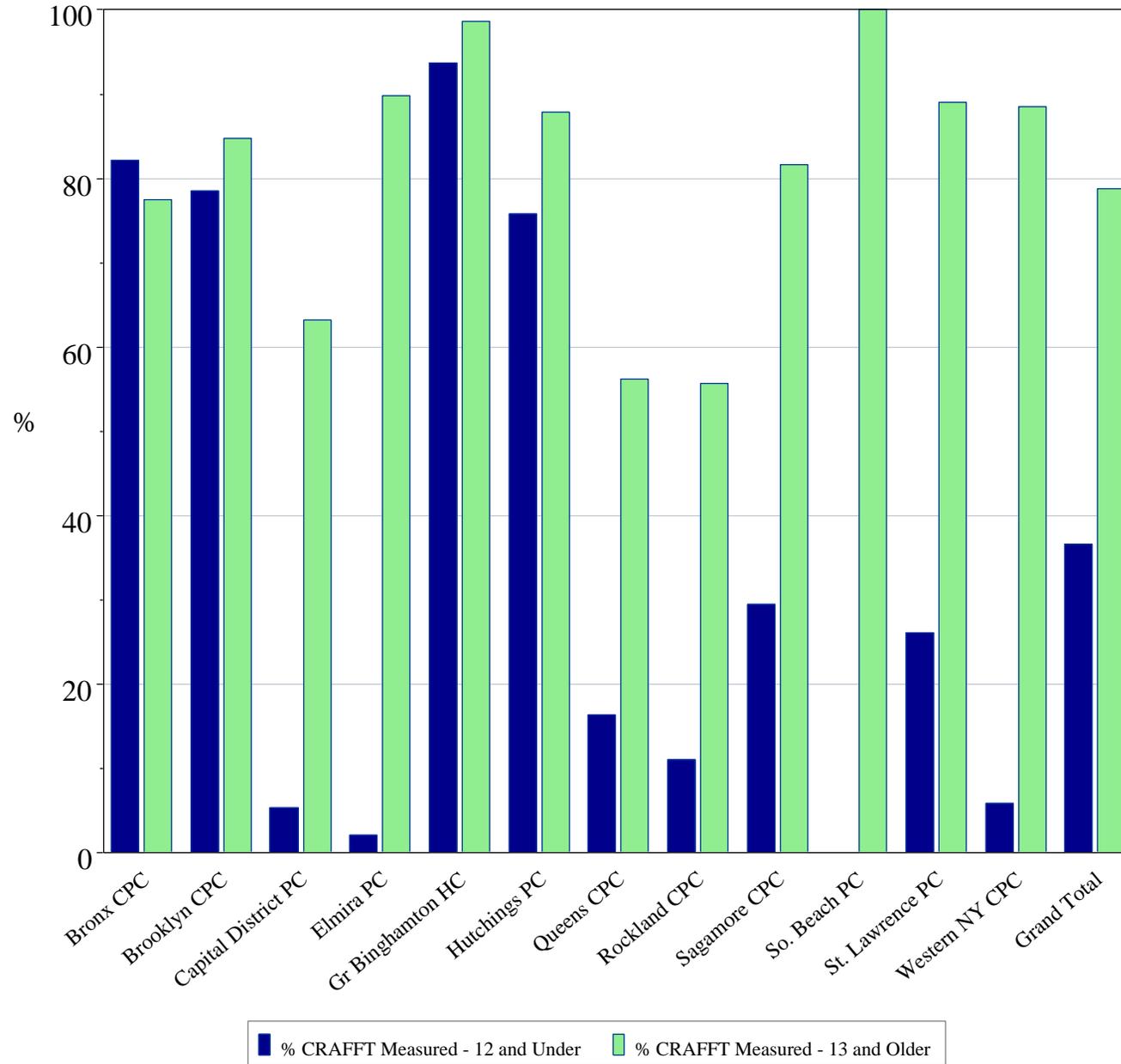
Substance Use indicator is self report of Yes to using substances in the last month.

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

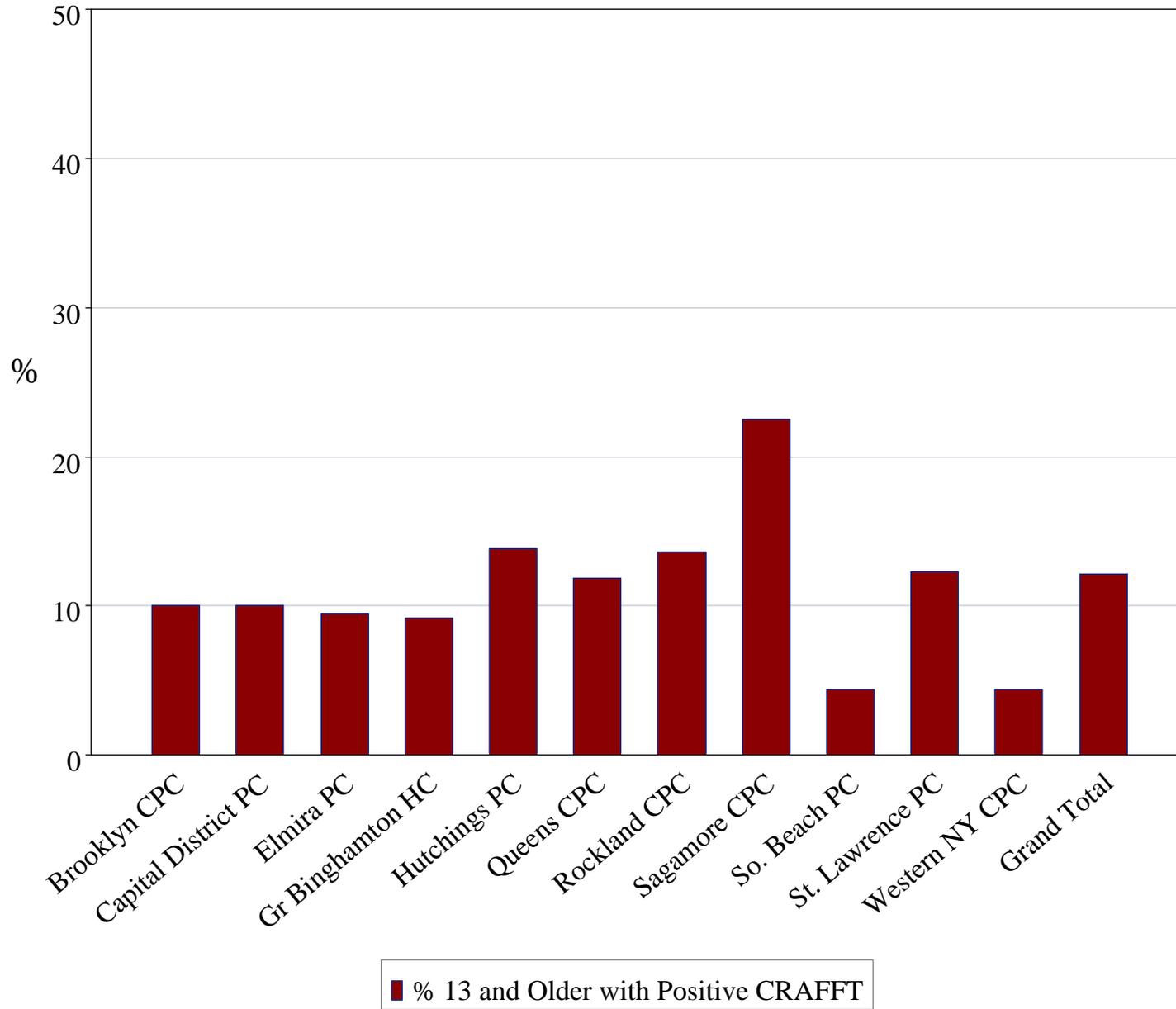
## Youth Health Indicators

### Graph 12. Youth CRAFFT Measurement - Older vs Younger Youth



**Note: Current Period is Jan 1 - Mar 31, 2011.**

Graph 13. Percent of Youth Outpatients Aged 13 and Older who Have a Positive CRAFFT



Data Source: MHARS as of Mar 31st, 2011.  
Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 9. CRAFFT Measurement (All Ages) by Facility**

Facility	# Youth	# CRAFFT Measured	% CRAFFT Measured (ever)	% CRAFFT Measured within Last Year	# Positive CRAFFT	% Positive CRAFFT
Bronx CPC	68	54	79.4	72.2	0.0	0.0
Brooklyn CPC	87	72	82.8	70.8	5.0	6.9
Capital District PC	189	65	34.4	67.7	6.0	9.2
Elmira Psychiatric Center	107	54	50.5	88.9	5.0	9.3
Greater Binghamton Health Center	280	270	96.4	88.2	14.0	5.2
Hutchings Psychiatric Center	243	198	81.5	95.5	15.0	7.6
Queens CPC	227	79	34.8	76.0	7.0	8.9
Rockland CPC	365	111	30.4	69.4	12.0	10.8
Sagamore Children's Psych Ctr	198	135	68.2	84.4	27.0	20.0
South Beach PC	23	23	100.0	100.0	1.0	4.4
St. Lawrence Psychiatric Center	262	149	56.9	92.0	14.0	9.4
Western NY CPC	43	24	55.8	91.7	1.0	4.2
-- Grand Total --	2,092	1,234	59.0	84.4	107.0	8.7

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Tmt Programs. Youth discharged within 30 days of the report date are excluded from analysis.

CRAFFT indicator is based off Behavioral Health Screening Tool (see About Reports).

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

## Youth Health Indicators

**Table 10. CRAFFT Measurement by Age Group by Facility**

Facility	- 13 and Over -				- 12 and Under -			
	# Youth 13 & Over	# CRAFFT Measured	% CRAFFT Measured	% Positive CRAFFT	# Youth 12 & Under	# CRAFFT Measured	% CRAFFT Measured	% Positive CRAFFT
Bronx CPC	40	31	77.5	0.0	28	23	82.1	0.0
Brooklyn CPC	59	50	84.8	10.0	28	22	78.6	0.0
Capital District PC	95	60	63.2	10.0	94	5	5.3	0.0
Elmira Psychiatric Center	59	53	89.8	9.4	48	1	2.1	0.0
Greater Binghamton Health Center	154	152	98.7	9.2	126	118	93.7	0.0
Hutchings Psychiatric Center	115	101	87.8	13.9	128	97	75.8	1.0
Queens CPC	105	59	56.2	11.9	122	20	16.4	0.0
Rockland CPC	158	88	55.7	13.6	207	23	11.1	0.0
Sagamore Children's Psych Ctr	147	120	81.6	22.5	51	15	29.4	0.0
South Beach PC	23	23	100.0	4.4	.	.	.	.
St. Lawrence Psychiatric Center	128	114	89.1	12.3	134	35	26.1	0.0
Western NY CPC	26	23	88.5	4.4	17	1	5.9	0.0
-- Grand Total --	1,109	874	78.8	12.1	983	360	36.6	0.3

Note: Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and Day Treatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

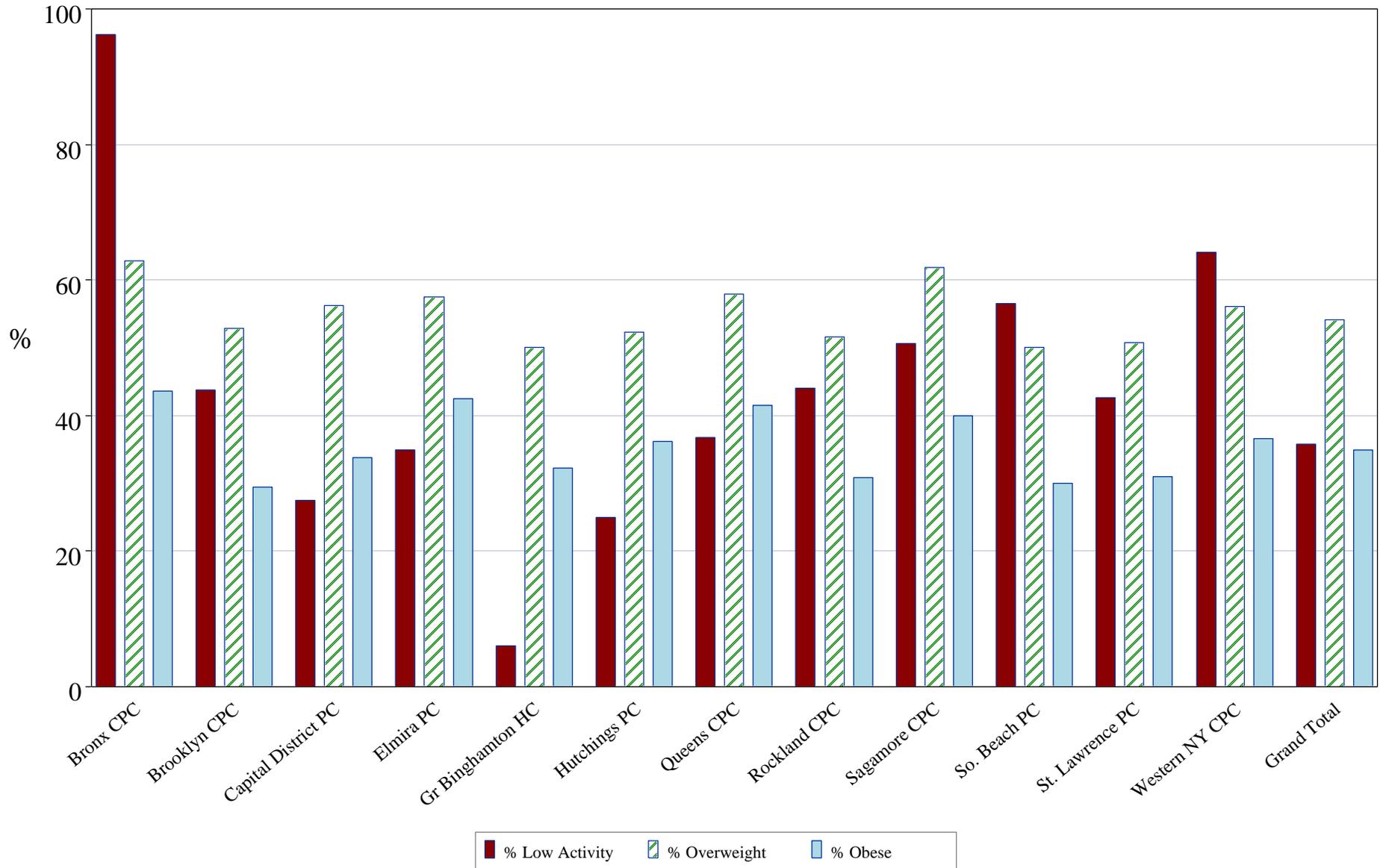
CRAFFT indicator is based off Behavioral Health Screening Tool (see About Reports).

Data Source: MHARS as of Mar 31st, 2011.

Current Period refers to Jan 1 - Mar 31, 2011.

## Youth Health Indicators

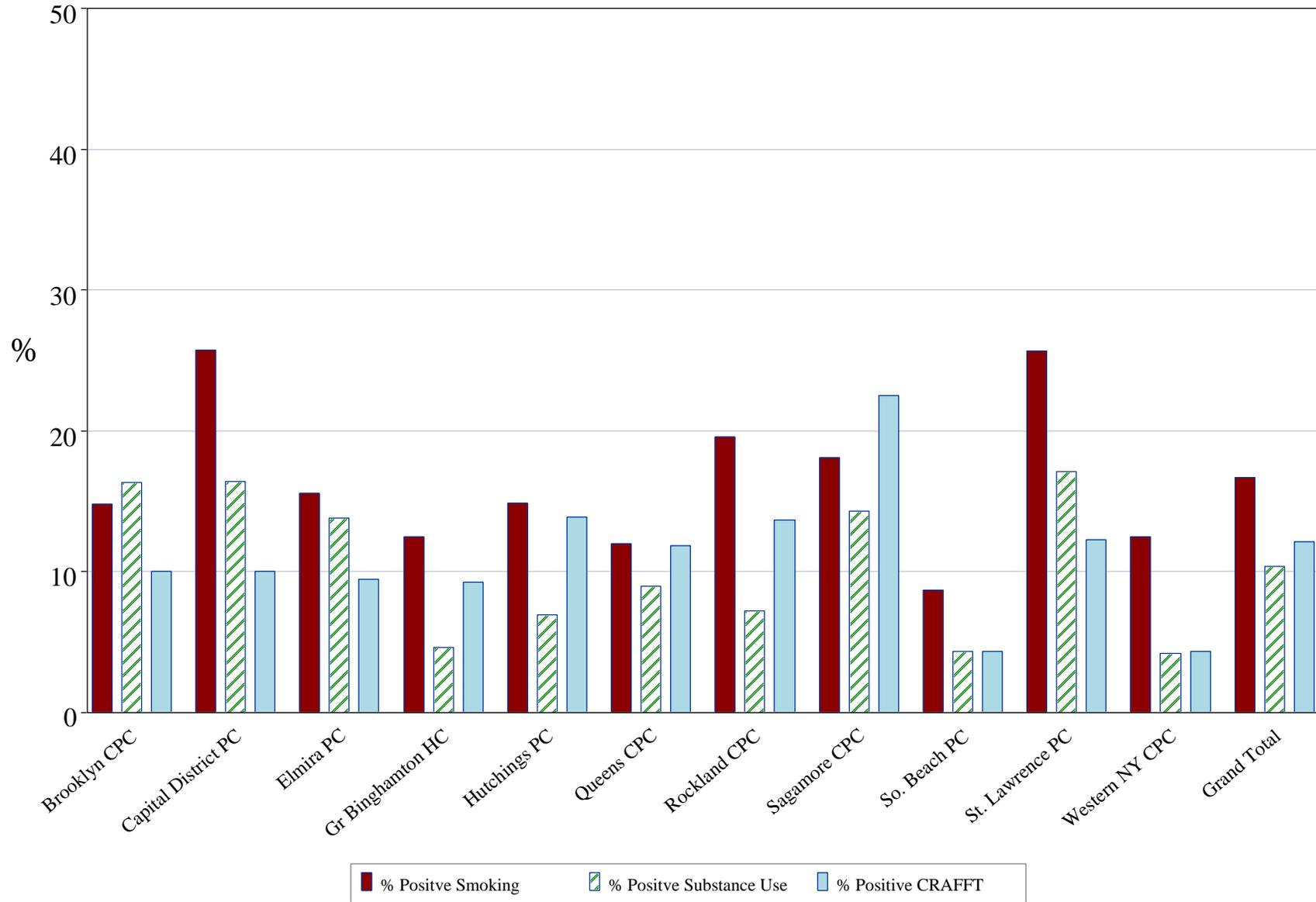
### Graph 14. Rates of Low Activity Overweight and Obesity in Youth Outpatients



Data Source: MHARS as of Mar 31st 2011  
 Note: Low Activity is < 60 min. of physical activity per day, Overweight is BMI >= 85th percentile, Obesity is BMI >= 95th  
 Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

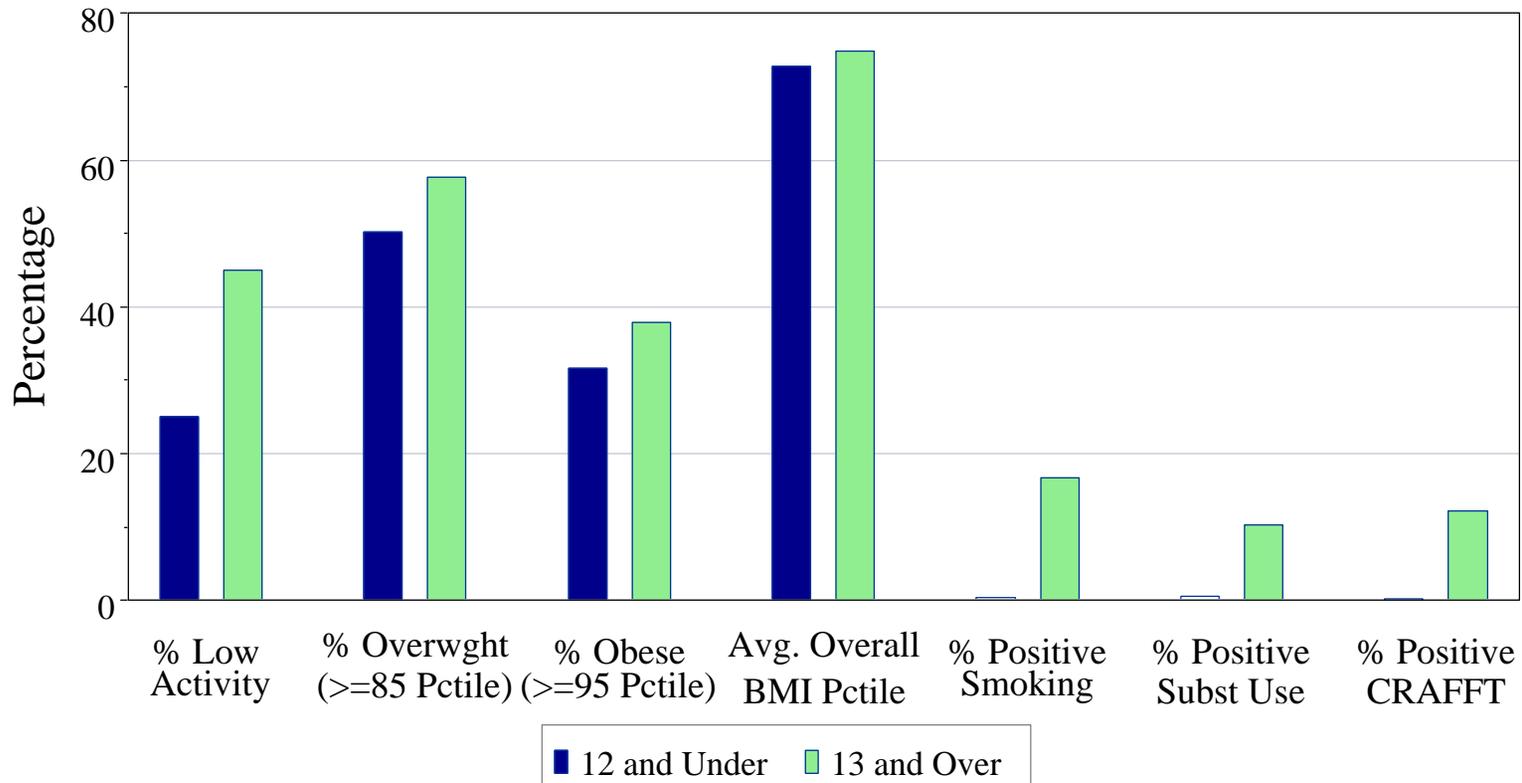
### Graph15. Rates of Smoking & Substance Use & CRAFFT in Youth Outpatients 13 & Older



Data Source: MHARS as of Mar 31st 2011  
 Current Period is Jan 1 - Mar 31, 2011.

## Youth Health Indicators

### Graph 16. Statewide Age Comparison



Age Group	# Youth	# Activity Measured	% Low Activity	# BMI Measured	Avg. Overall Pctile	% Ovrwgt (>=85 Pctile)	% Obese (>=95 Pctile)	# Smoking Measured	% Positive Smoking	# Subst Use Measured	% Postiv Subst Use	# CRAFFT Measured	% Positive CRAFFT
1. 12 and Under	983	794	25.1	827	72.8	50.2	31.6	534	0.4	531	0.6	360	0.3
2. 13 and Over	1,109	932	45.0	946	74.8	57.7	38.0	916	16.7	917	10.4	874	12.1
Grand Total	2,092	1,726	35.8	1,773	73.9	54.2	35.0	1,450	10.7	1,448	6.8	1,234	8.7

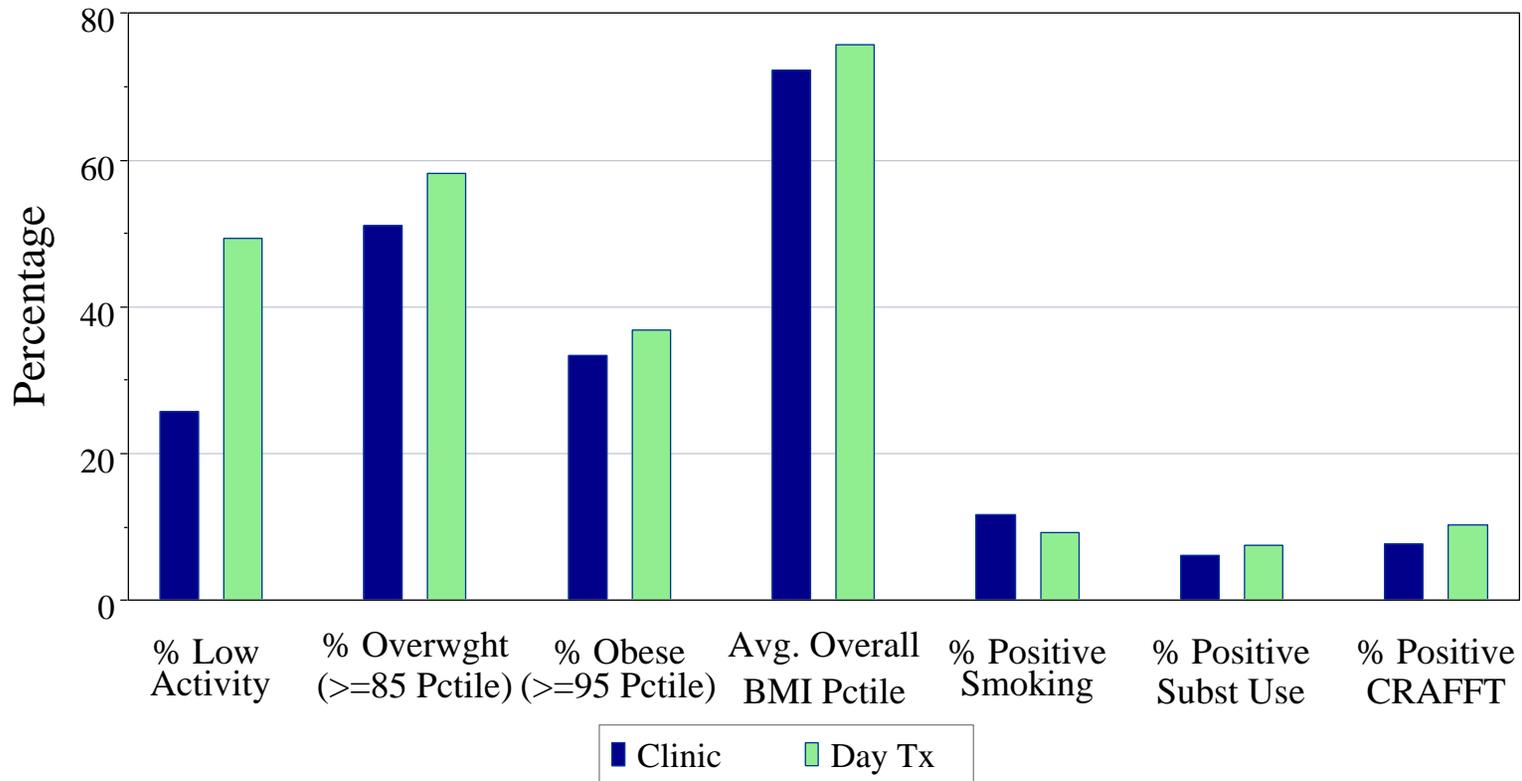
Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and DayTreatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

Data Source: MHARS as of Mar 31st, 2011.

## Youth Health Indicators

### Graph 17. Statewide Program Type Comparison



Program Type	# Youth	# Activity Measured	% Low Activity	# BMI Measured	Avg. Overall Pctile	% Ovrwgt (>=85 Pctile)	% Obese (>=95 Pctile)	# Smoking Measured	% Positive Smoking	# Subst Use Measured	% Postiv Subst Use	# CRAFFT Measured	% Positive CRAFFT
Clinic (210)	1,137	991	25.7	993	72.3	51.1	33.4	828	11.7	829	6.2	747	7.6
Day Tmt (200)	955	735	49.4	780	75.8	58.2	36.9	622	9.3	619	7.6	487	10.3
Grand Total	2,092	1,726	35.8	1,773	73.9	54.2	35.0	1,450	10.7	1,448	6.8	1,234	8.7

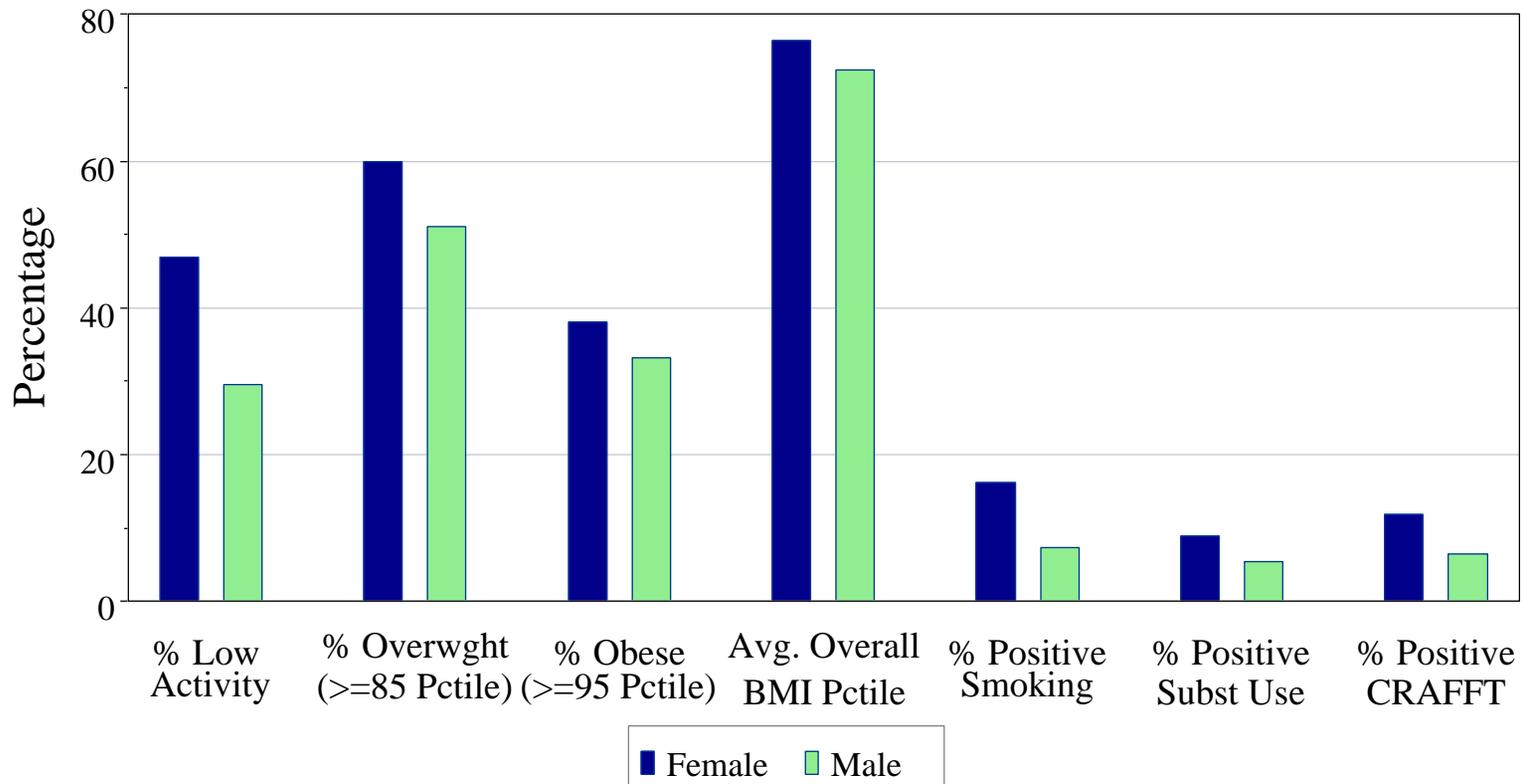
Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and DayTreatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

Data Source: MHARS as of Mar 31st, 2011.

## Youth Health Indicators

### Graph 18. Statewide Gender Comparison



Gender	# Youth	# Activity Measured	% Low Activity	# BMI Measured	Avg. Overall Pctile	% Ovrwgt (>=85 Pctile)	% Obese (>=95 Pctile)	# Smoking Measured	% Positive Smoking	# Subst Use Measured	% Postiv Subst Use	# CRAFFT Measured	% Positive CRAFFT
Female	748	621	46.9	627	76.5	60.0	38.1	556	16.2	557	9.0	495	11.9
Male	1,344	1,105	29.6	1,146	72.4	51.1	33.3	894	7.3	891	5.4	739	6.5
Grand Total	2,092	1,726	35.8	1,773	73.9	54.2	35.0	1,450	10.7	1,448	6.8	1,234	8.7

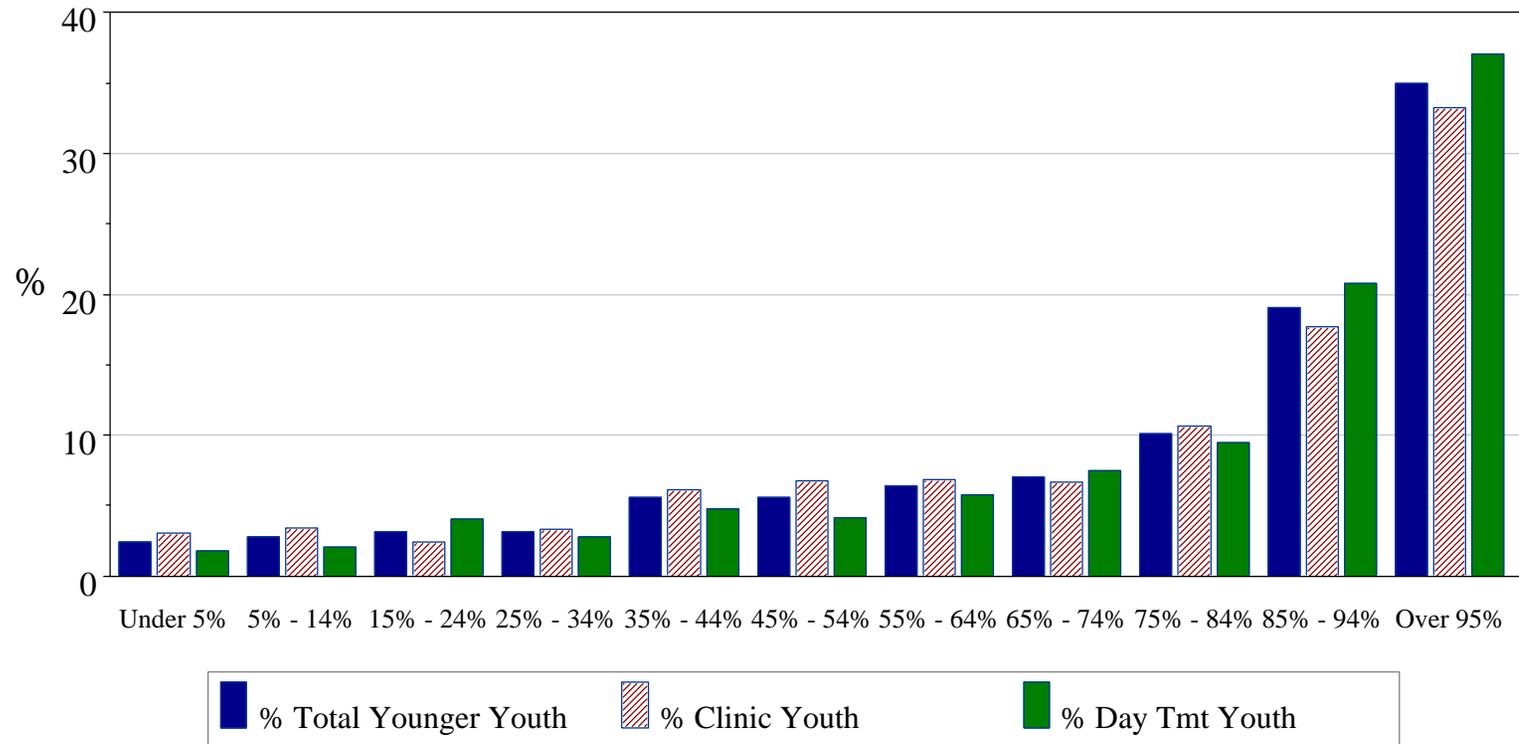
Youth included in these reports are in the care of NYS OMH operated outpatient Clinic and DayTreatment Programs.

Youth discharged within 30 days of the report date are excluded from analysis.

Data Source: MHARS as of Mar 31st, 2011.

## Youth Health Indicators

**Graph 19. Distribution of BMI Percentile for Youth (Ages 17 and Younger) by Program Type**



Data Source: MHARS as of Mar 31st 2011

## Youth Health Indicators

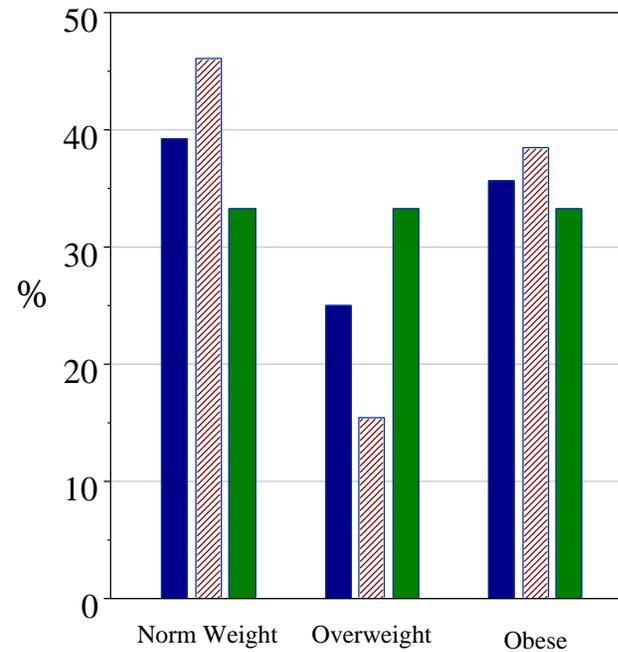
**Table 11. Distribution of BMI Percentile for Youth (Ages 17 and Younger) by Program Type**

BMI Percentile	Total Youth		Clinic Youth		Day Tmt Youth	
	Count	Percent	Count	Percent	Count	Percent
Under 5%	42	2%	29	3%	13	2%
5% - 14%	48	3%	33	3%	15	2%
15% - 24%	53	3%	23	2%	30	4%
25% - 34%	53	3%	32	3%	21	3%
35% - 44%	95	6%	59	6%	36	5%
45% - 54%	96	6%	65	7%	31	4%
55% - 64%	109	6%	66	7%	43	6%
65% - 74%	120	7%	64	7%	56	7%
75% - 84%	174	10%	103	11%	71	9%
85% - 94%	327	19%	171	18%	156	21%
Over 95%	600	35%	322	33%	278	37%
17 and under Total	1,717	100%	967	100%	750	100%

Note: There were 308 youths missing BMI Measurements (Clinic 141; Day Tx 167)  
 Data Source: MHARS as of Mar 31st 2011

## Youth Health Indicators

**Graph 20. Distribution of BMI for Youth (Ages 18 and Older) by Program Type**



■ % Total Older Youths    ▨ % Clinic Youths    ■ % Day Tmt Youths

BMI Category	Total Youth		Clinic Youth		Day Tmt Youth	
	Count	Percent	Count	Percent	Count	Percent
Norm Weight	22	39%	12	46%	10	33%
Overweight (25.0 - 29.9)	14	25%	4	15%	10	33%
Obese (30 and above)	20	36%	10	38%	10	33%
18 and over Total	56	100%	26	100%	30	100%

Note: There were 11 older youths missing BMI Measurements (Clinic 3; Day Tx 8)  
Data Source: MHARS as of Mar 31st 2011